

Artificial Intelligence is NOT Consciousness

John Purkiss. Internet Hungary. 2019

John Purkiss



- Economics, Cambridge University
- MBA, INSEAD
- 20+ years of meditation
- 20+ years in executive search
- Co-author of *Énmárka* (HVG)
- New book: *The Power of Letting Go*

Definitions

Artificial Intelligence

The theory and development of computer systems able to perform tasks normally requiring human intelligence, such as visual perception, speech recognition, decision-making, and translation between languages.

Consciousness

The state or quality of awareness or of being aware of an external object or something within oneself.

Artificial intelligence and consciousness are being combined



- "A monkey has been able to control a computer with his brain." – Elon Musk
- Neuralink is planning a human test of a brain-computer interface for 2020

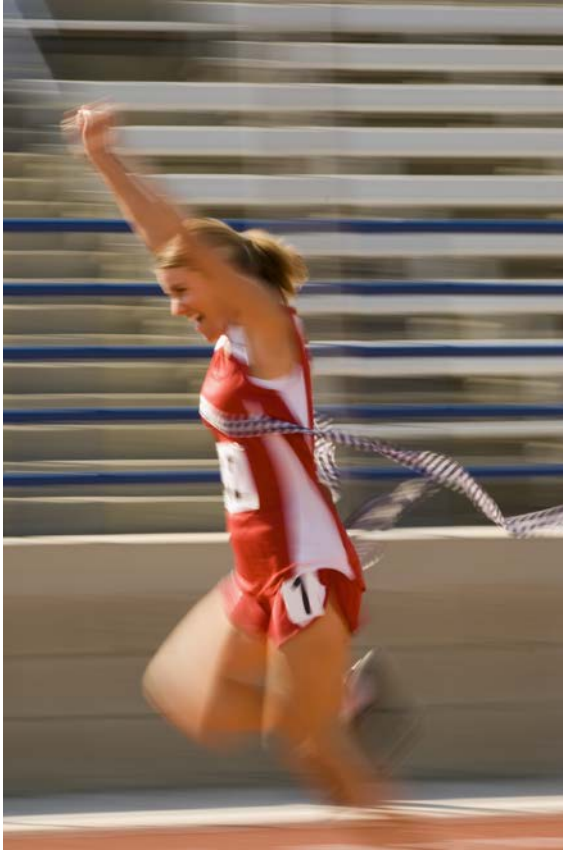
According to the Vedic tradition, there are 5 levels of consciousness



1. Deep sleep
2. Dreaming
3. Waking state
4. Turiya (fourth)
5. Turiyatita (beyond the fourth)

Source: www.nithyananda.org

The fourth state of consciousness: *Turiya*



- Pure consciousness with no thoughts.
- A strong feeling of oneness. No ego.
- Examples:
 - Some yogis during *asanas* (poses)
 - World-class athletes in the zone
 - Transcendental Meditation

Turiya / Transcendental Meditation



- The meditator is initiated by a qualified teacher and receives his / her mantra (i.e. a word)
- S/he thinks the mantra
- The mind automatically ‘falls’ into *turiya*
- Turiya = pure consciousness

Ideas appear from pure consciousness



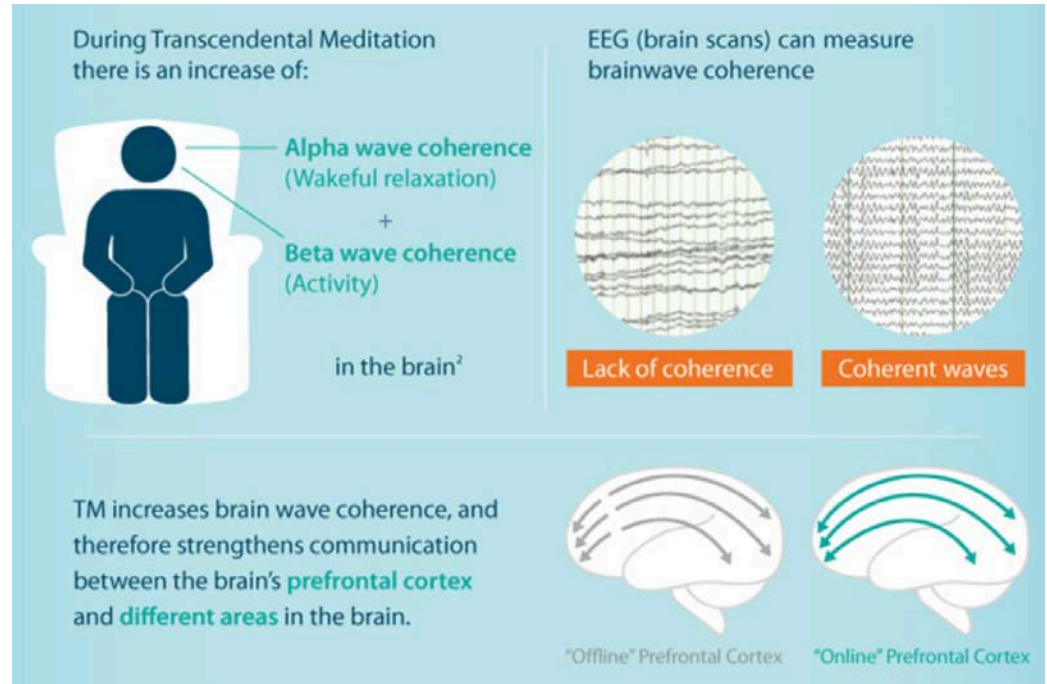
- Ideas for books, images, products, businesses, etc
- Solutions to problems in business, family, society, etc
- There is no active thought process
- The ideas may have nothing to do with your experience

TM was introduced to the West by Maharishi Mahesh Yogi



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During Transcendental Meditation there are changes in brain activity



Source: Dr Norman Rosenthal, author of *Transcendence* and *Super Mind*
www.normanrosenthal.com

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The fifth state of consciousness: *Turiyatita*

- You feel oneness with everything (as in *turiya*)
- You can also *play* with everything

There are 463 *shaktis* (yogic powers)



Including:

- Moving a coconut
- Body scanning
- Mind reading
- Blindfold reading

<https://youtu.be/LIaJqy6dWSs>

Blindfold Reading



Research has begun at Imperial College, London



IEEE MILESTONE IN ELECTRICAL ENGINEERING AND COMPUTING

The Invention of Holography, 1947

In 1947 Dennis Gabor conceived the idea of wavefront reconstruction for improving the performance of the electron microscope. This became the basis for the invention of optical holography for three-dimensional imaging, but implementation required coherent light sources and had to await the emergence of the laser some years later. Gabor was awarded the Nobel Prize for his invention in 1971.

June 2013



Turiyatita is being investigated using EEG (electroencephalogram)



Further Information:

- Artificial Intelligence: <http://www.deepmind.com/>
- Transcendental Meditation: www.tm.org
- www.nithyananda.org (search for 'turiyatita')
- YouTube: search for 'Nithyananda blindfold reading'

Let's connect 😊



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